

SENIOR 5 K

& HEALTH EXPO

OPEN TO EVERYONE!

T-shirts available for the first 100 registrations. All 5K participants are invited to stay for the Senior Health Expo.

Pre-Packet Pick Up

Will be available the day before the race on March 22nd at the Redlands Senior Center between 10:00am - 2:00pm

Pre-registration Available until March 14th

Scan Here to Register



Or fill the registration form and drop off In-Person at:

Redlands Senior Center

111 W. Lugonia Ave. Mon - Fri: 10 a.m. - 2 p.m.





FREE EVENT! THURSDAY MARCH 21ST 2024



Registration opens: 7:00AM 5K Starts: 8:00AM Health Fair: 9AM - 11AM

Location:

CRAFTON PARK

Wabash Ave. & Independence Ave. Redlands, CA

Call us at (909) 798-7579 for more information.

www.cityofredlands.org/seniors