FREE PROGRAM



Enjoy walking at your own leisure in a safe, secure place. Our gym is an ideal place to walk, it's cool in the summer and warm and dry in winter. For adults 18+

EVERY MONDAY, THURSDAY & FRIDAY 10:15 AM-12:15PM

> Registration Required Call (909) 798-579 or visit

www.cityofredlands.org/seniors

Redlands Community Senior Center

111 W Lugonia Ave Redlands, CA 92374



