

CITY OF REDLANDS  
SENIOR SERVICES PRESENTS

# Yoga

OUTDOORS AT PROSPECT PARK  
LOCATED NEAR THE CARRIAGE HOUSE  
1352 PROSPECT DR.

THURSDAYS

10:00am - 11:30am

Led by Urmila Moore

Pre-registration is required. Visit [cityofredlands.org/yoga](http://cityofredlands.org/yoga) to register



For more information on Yoga or any other programs offered through Redlands Senior Services, please contact the Redlands Recreation Division staff at (909) 798-7579 or e-mail [recreationstaff@cityofredlands.org](mailto:recreationstaff@cityofredlands.org). Additional information is available on the City's Facebook page at [www.facebook.com/cityofredlands](http://www.facebook.com/cityofredlands) or on the City's website at [www.cityofredlands.org](http://www.cityofredlands.org)