



Available Sessions

Poundfit Session 1

7/5/23 - 8/9/23

Wednesdays 6:00pm - 6:45pm

Poundfit Session 2

8/23/23 - 9/27/23

Wednesdays 6:00pm - 6:45pm

\$48.00

6 Week Session

Located at 111 W. Lugonia Ave

\$10.00

1 Day Drop-In Session

Scan Here



