

## FITNESS



## INDIAN FOLK DANCE

Indian folk dance is related to different states of India based around community. It consists of simple steps that are performed throughout the world to celebrate a new season, childbirth, weddings, festivals, and other social occasions. Unlike classical dance, one can learn folk dance at any stage of life!

**Ages 15+** 

When: Tuesdays 6:00pm - 6:45pm

Where: @ the Redlands Community Center (111 W. Lugonia Ave)

FOR MORE INFORMATION & TO REGISTER?

