



CITY OF REDLANDS ADOPT-A-TRAIL PROGRAM GUIDELINES

1. **Safety Requirements**
 - A. All volunteers are required to wear safety vests and to utilize gloves for protection
 - B. Review proper lifting techniques:
 - i. Get help in lifting awkward and heavy, bulky items.
 - ii. Use your legs, keep your back straight; avoid twisting back while lifting; lift heavy objects close to the body.
 - C. **Always concern yourself with your own safety.** Collecting litter comes second to being safe. Never endanger yourself or those around you to collect waste material.
 - D. **Watch for traffic!** Make sure drivers see you perform any clean-up work in the road edge (use eye contact, etc.)
 - E. All minors ages 12 to 17 must be accompanied by an adult (a person over the age of 18.)
 - F. Never, under any circumstances, touch or come into contact with waste that could be considered dangerous or hazardous, i.e. glass, sharp objects, etc.
2. **Note and report to the REDLANDS FIRE DEPARTMENT the location of any hazardous/universal waste for separate collection.**
 - A. **Hazardous Waste** is defined as waste that is corrosive, poisonous, ignitable or reactive (e.g., herbicides and pesticides, used oil, gasoline, paint, paint thinner, etc.) **Do not place hazardous waste in any city dumpsters or other ordinary receptacles.**
 - B. **Universal Waste** consists of CRTs (Cathode Ray Tubes – televisions and monitors, electronics such as computers, stereo components, DVD players, CD Players, etc.)
3. Make sure each volunteer has been given a safety vest and a pair of gloves; collect these at the end of your clean-up and keep them in a safe place for your next cleanup. Please notify the Quality of Life Representative, Jocelynn Santa Cruz (jsantacruz@cityofredlands.org or 909-798-7655 x4430) and provide the location of the full trash bags to be picked up, then print out and complete a **CLEAN –UP Report** and email (jsantacruz@cityofredlands.org) or fax it to (909-798-7697) attention: Jocelynn.
4. **Medical Emergency – Call 911**
5. Separation of waste collected: Waste will be separated at the landfill for recycling purposes so you do not need to separate the trash you collect.
6. Please don't leave your own trash behind, such as water bottles, wrappers, etc.
7. On behalf of the City of Redland and its residents, we **THANK YOU** for your time and dedication to civic duty.